



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

Report On

Say No to Polythene Awareness through NSS

Target Group: Community members and School Students in Village Ghamroj, District Gurugram, Haryana.

Coordinators: Ms. Deepika, Assistant Professor, School of Education, K.R. Mangalam University.

Dr. J. Vineesh Prakash, Assistant Professor, Department of Economics, School of Humanities, K.R. Mangalam University.

Dr. Chandra Mohan, NSS Programme Coordinator, K.R. Mangalam University, Gurugram, Haryana

Date and Time: Tuesday, 26th May 2022, 10:00 a.m- 1:00 p.m

Venue: Village Ghamroj, District Gurugram, Haryana.

Introduction

Plastic in any form or of any quality is harmful to health, period. In a perfect world you would want to avoid exposure to all forms of plastic. Considering plastic lurks in every nook and corner of our lives, banishing it completely seems unrealistic and impractical.

But we can start with more awareness about the little ways with which we can reduce our exposure to plastic. This can go a long way in reducing toxicity, hormonal imbalance, cancer, infertility, obesity and acidosis. The initiative of organizing such events directly helps students to understand the ground reality prevalent in the society and motivates them to bring positive change in the society. Such drives can be organized helps to spread awareness to decrease the usage of polythene bags.

Objectives

1. To raise awareness about hazards of polythene bags.
2. To raise awareness among students to dedicate themselves to community services for the benefit of the society
3. To realize how no to plastic bags would contribute a better change to its surroundings.

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Sohna Road, Gurugram, (Haryana)

Tania Gupta 26/5/22
Dean SOED,
Dean SOHS

Content

Ghamroj village is located in Sohna tehsil of Gurgaon district in Haryana, India. It is situated 9km away from sub-district headquarter Sohna (tehsildar office) and 16km away from district headquarter Gurgaon. The total geographical area of village is 1257 hectares. Ghamroj has a total population of 4,797 peoples, out of which male population is 2,494 while female population is 2,303. There are about 842 houses in Ghamroj village.

With the objective of creating awareness about hazards of polythene bags, various activities such as poster making competition, distribution of paper bags to villagers and shopkeepers, awareness Speech on 'say no to plastic' bags were undertaken by the students of the School of Humanities (SOHS) and School of Education (SOED) in the village Ghamroj located in Gurgaon district, Haryana. Altogether 23 students from both SOHS and SOED participated in this drive along with Dr. J Vineesh Prakash, Assistant Professor, Economics and Ms. Deepika, Assistant Professor, Education. Both teachers and students of K.R Mangalam University left from the university premises by 9:30 AM reached the village Ghamroj by 10:00 AM and commenced various activities planned in this campaign.

Attendees

Altogether 23 students of School of Humanities (SOHS) and School of Education (SOED), K.R Mangalam University, Gurugram, Haryana participated in the extension activity in nearby Village Berka, District Gurugram, Haryana along with students of government school in both villages. The shopkeepers in the village also participated actively in the 'Say No to Polythene' drive.

Activity Outcome

The 'Say No to Polythene' extension activity enabled the students at School of Education and School of Humanities, K.R Mangalam University helped them to become concerned about the welfare of society, and to start taking innovative and useful social action at the personal and collective level.

Students participated with full zeal in the distribution of paper bags among villagers and shopkeepers and to create awareness of the ill-effects of widespread usage of polythene bags. Speeches were delivered by the students highlighting on the harmful effect of polythene on environment. Poster making competition was organized in the government girls

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high school in Village Ghamroj to create awareness among the students of the harmful effect of polythene and prices were distributed to winners of the competition. The awareness Speech on 'Say No to Polythene' was delivered by both students of SOED & SOHS.

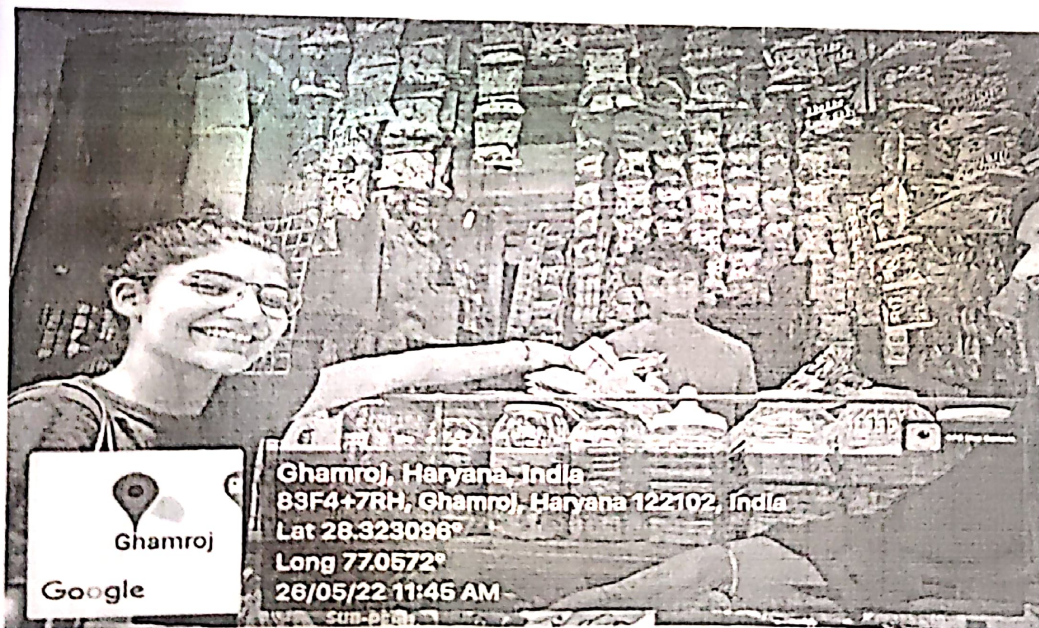
Conclusion

This campaign was highly enlightening for the students of SOED & SOHS, since they were able create awareness of the ill-effects of widespread usage of polythene bags among villagers and understand their problems. The agenda was to create awareness of the ill effects of widespread usage of polythene bags. When such drive takes place, students get a chance to make a positive change in society.

Further Scope

In the adjacent communities, the "Say No to Polythene" extension service effort might be a long-lasting endeavour. In order to speed efforts to attain universal sanitation coverage and to focus on sanitation, the School will continue to organize these extension programmes. On the safe management of solid and liquid waste in villages, students can also do fieldwork and research projects.

GLIMPSES OF THE EXTENSION ACTIVITY ON "SAY NO TO POLYTHENE"



{1} An NSS Volunteer, K. R. Mangalam University spreading awareness to a shopkeeper in Village Ghamroj to use newspaper bags instead of polythene bags.

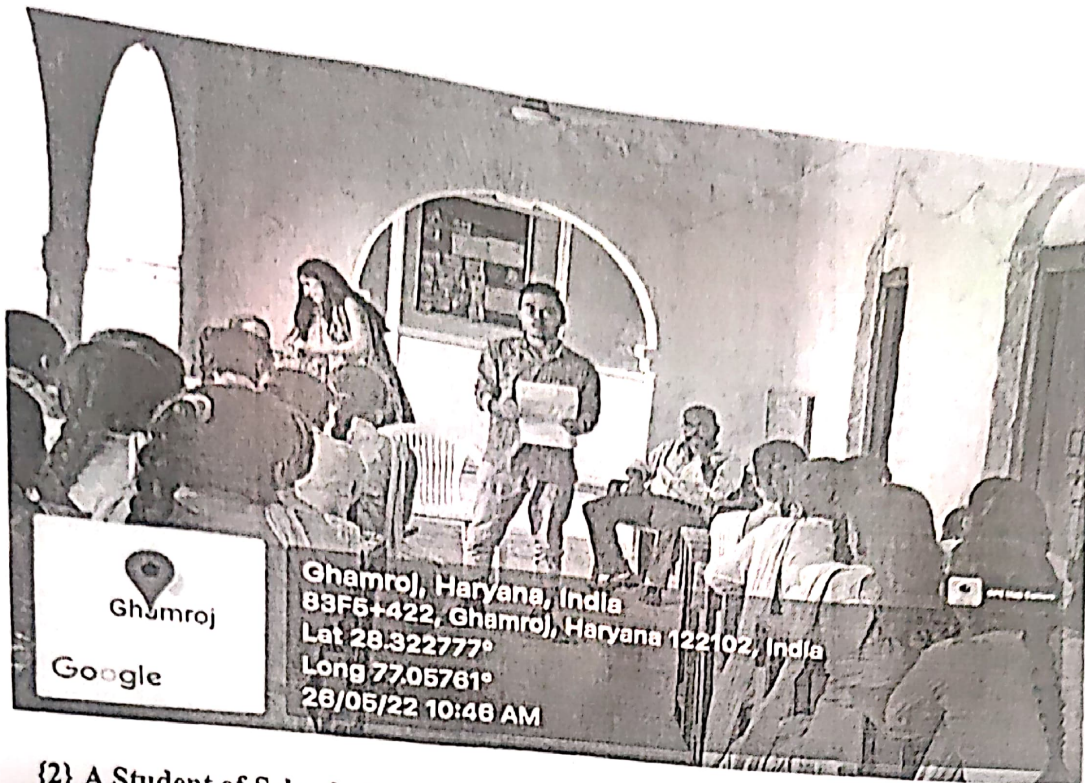
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{2} A Student of School of Humanities & NSS Volunteer, K. R. Mangalam University delivering an awareness speech on Ill –Effects of Polythene to school students at Village Ghamroj.



{3} Distribution Jute Bags to the students who participated in poster designing competition Govt. Girls Sr. Sec School, Village Ghamroj by NSS Volunteers, K.R Mangalam University.

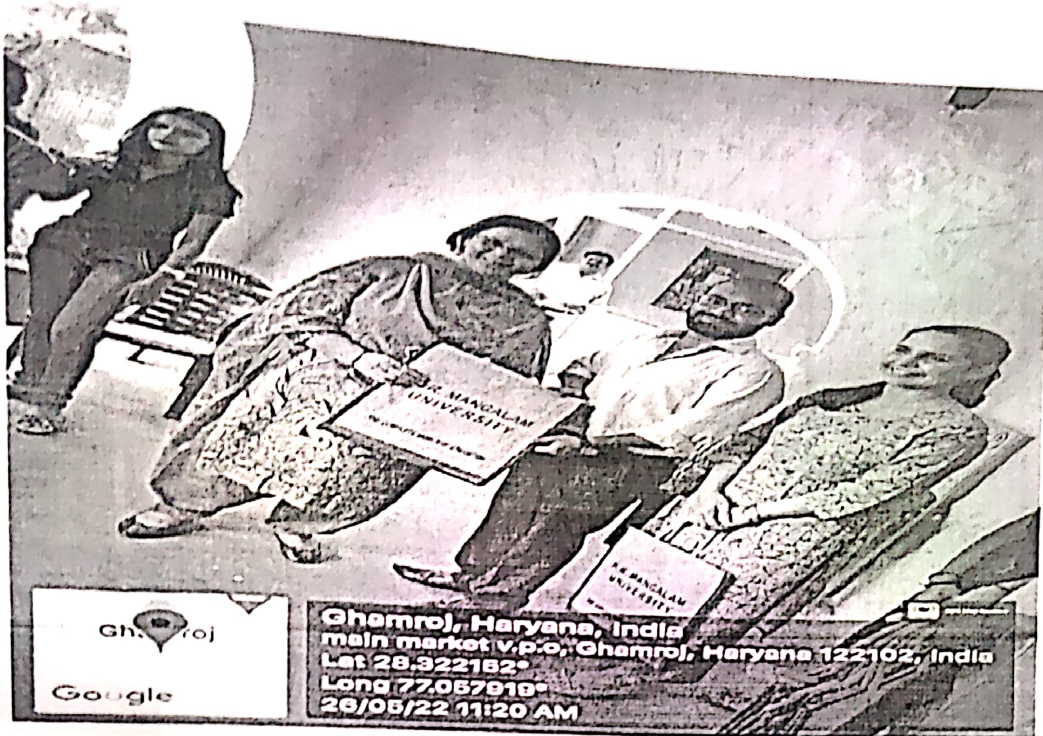
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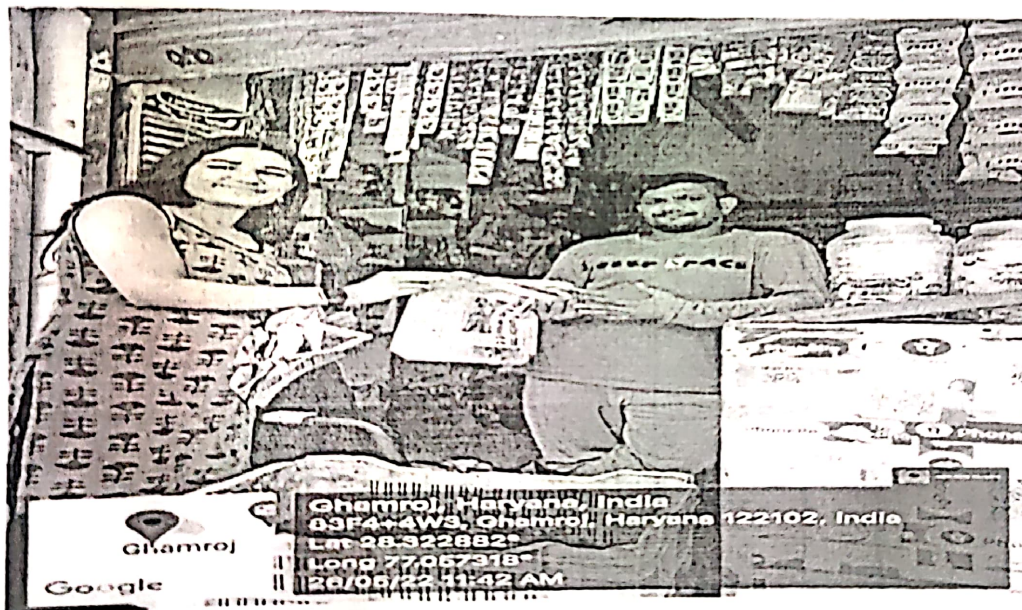
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{4} Jute Bags were distributed to teachers in Govt. Girls Sr. Sec School, Village Ghamroj.



{5} Distribution of Newspaper bags to nearby shopkeepers in Village Ghamroj.

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K.R. MANGALAM UNIVERSITY

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ACADEMIC SESSION 2021-22

Extension Activity

Attendance of "Say No to Plastic Drive" of 26/05/2022

S.No.	Roll Number	Name	School	Programme	Signature
1.	1911260003	Kanishka Sharma	SOED	B.EL.ED	Kanishka
2.	1911260005	Reetu	SOED	B.EL.ED	Reetu
3.	1911260002	Sanya Sharma	SOED	B.EL.ED	Sanya
4.	1804120077	Tushar Dudgea	SMAS	B. Pharmacy	Tushar
5.	2008790005	Akshita Kapur	SOHS	BA(H)Psy	Akshita
(6)	2008790005	Retu Anand	SOHS	BA(H)Psy	Retu
7)	2103110003	Murkhan	SBS	B.Sc. Math	Murkhan
8)	1903150007	Dippy Yadav	SOES	B.COM (H) BBA	Dippy
9.	1903100009	Chhavi Kaushik	SBAS	B.Sc. (Chem)	Chhavi
10	1903100008	Aarti Shinde	SBAS	B.Sc. (Chem)	Aarti
11	2003100001	Neha Goyal	SBAS	B.Sc. (Chem)	Neha
12	2111270001	Amrita Kaur	SOED	B. Ed	Amrita
13	1901060014	Vishant Rana	SOET	B. Ca	Vishant
14	2103110006	Sejal	SBAS	BSC	Sejal
15.	1911260001	Mammi	SOED	B.EL.ED	Mammi
16.	2108190007	Manisha	SOHS	B.A Eco	Manisha

Manisha
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Tania Gupta
Dean SOED
Offg Dean SOHS

17.	2108190010	Vandana	SOHS	BA Eco.	Nandani
18	2108190014	Nazia Haque	SOHS	BA Eco	Nazie
19	2108190009	Sahil	SOHS	B.A Eco	Sahil
20	2108190015	Yatin	SOHS	B.A Eco	Datta
21	2108190005	Krish	SOHS	BA Eco	R.
22	2108190008	Sandeep	SOHS	BA Eco	Sandeep
23.	1903100008	Aarti Gangadhar Shinde	SBAS	BSC. Chem	ds
24.	2108190009	Anamika	SOHS	B.A Eco	ds
25.	2108190008	Sahamee Gupta	SOHS	BA Eco (Hep)	Sahamee
1.	9th	Shreya Gupta	-		
2.	9th	Payal	-		
3.	10th	Rishi Aggarwal	-		
4.	10th	Tanvi	-		
5.	11th	Rani	-		
6.	11th	Shwami	-		
7.	12th	Neha Sharma	-		
8.	12th	Priy Gupta	-		

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